



La Roche-Guyon, Val-d'Oise © Adobe Stock

Unwind and Thrive in a Green and Sustainable Region

Discover a Unique Work-Life Experience in a Green, Sustainable Region

Paris Region is deeply committed to fostering sustainability through eco-friendly business practices, environmentally conscious urban development, and impactful social initiatives. With a focus on creating a greener future, the Region embraces carbon-neutral urban planning, where nature thrives, covering over three-quarters of its landscape.

Immerse Yourself in the World's Beloved Tourist Destination with a Thriving Cultural Scene

Paris Region is brimming with a diverse range of indoor and outdoor activities, offering a blend of historic charm, expansive green spaces, scenic waterways, and world-class museums and landmarks. Whether you're a cinephile, nature lover, adventure seeker, food enthusiast, or art connoisseur, it's the perfect place to enjoy a harmonious work-life balance.

Join an Active and Sporty Region

Paris Region offers a wide range of sports facilities and clubs to enhance the well-being of its residents. They can also take part in internationally renowned sporting events, such as the Olympic and Paralympic Games held in 2024 and other global sporting competitions.

An Exceptional Place to Live and Thrive in a Green and Sustainable Region

Whether you live in Paris or elsewhere in the Region, whether you're on your own or part of a family of five, whether you seek to reconnect with nature or dance until dawn, you'll find countless ways to spend your time. Home to 18% of France's population while occupying just 2% of the country's land, Paris Region is committed to offering its residents a greener environment through sustainable, carbon-free urban planning. Exceptionally family-friendly, the Region provides an unparalleled and affordable quality of life. From culture, architecture, and history to parks, gastronomy, shopping, and sports – there's something for everyone. Paris Region is truly an extraordinary place to live and thrive.



Palace of Vaux-le-Vicomte, Seine-et-Marne © Adobe Stock

A Green Region

76%

green space and forests

- Paris Region surface area: **12,000 km²**
- 50%** agricultural land
- 26%** wooded areas, natural world
- 22%** urban space
- 1,5%** water
- 1/4** of Paris Region is covered by the **4** existing Regional Nature Parks and **1** in project
- 43** outstanding gardens
- 36** "Natura 2000" sites
- 15,000 km** of ecological corridors
- 275** sites identified for their geological interest
- 149** sustainable neighborhoods in Paris Region
- 188,530** housings programmed within these accredited neighborhoods
- A very high level of urban services (water, waste, energy...)
- Since the early 2000s, over **5 km** of urban rivers have been reopened
- An additional **15 km** are underway or under consideration
- Paris Region has many biodiversity reservoirs (**332,500 ha**), from the Fontainebleau forest to the valleys and wooded hills of the Parc Naturel Régional du Vexin (Vexin Regional Nature Park)

- With **38** new organic farms, 2023 is still a dynamic year, but with a slowdown curve
- 15%** of farms are in organic agriculture with **667** producers, **40%** of which are in field crops and **33%** in vegetable production
- 38,800 ha** of organic and in-conversion land in the Region, i.e. **7%** of the regional agricultural surface
- Short food circuits are in place for **985** farms (**22%**)
- 61** methanization units in activity in 2022, of which **41** agricultural units, and **222 millions of m³** biogaz produced, equivalent to around **1,39 TWh** PCS of primary energy.

L'Institut Paris Region, GAB Ile-de-France 2023, Chambre Régionale d'Agriculture, DRAC Ile-de-France, 2022, Agreste/RA 2020, Driest Ile-de-France, 2024, data 11/2023

A Temperate Climate

The Region experiences a temperate Atlantic climate, with some semi-continental influences, resulting in greater temperature fluctuations and lower rainfall. Temperatures tend to be relatively mild and consistent, averaging around **11.5°C**, with an exceptional **14.6°C** in 2024. The Region receives an average of **340 mm** of precipitation annually, which is evenly distributed throughout the year. Winds are generally light. Meteo.net, 2024

A Great Place to Live in, with Competitive Costs

5.9 million housing units

- 71,9%** apartments, **4.4 million**
- 25,3%** houses, **1.5 million**

Insee 12/2024, data 2021

Private Housing Rents in Paris Region				
	Paris	Inner suburbs	Outer suburbs	Paris Region
Surface in m ²	50	52	58	53
Rent in €/m ²	25.5	18.5	15.1	19.7
Average monthly rent in €	1,276	965	873	1,043

OLAP 2024, data 2023

Cost of Living in Paris Region vs Greater London			
Category	Description	Paris Region	Greater London
Real Estate	Rent Per Month Apartment (1 bedroom) in City Center	€1,317	€2,668
Transport	Monthly Pass (Regular Price)	€88	€221
Food	Meal for 2 People, Mid-range Restaurant, Three-course	€70	€96
Health	Short visit to a private doctor	€30	€60
Sports	Fitness Club, Monthly Fee for 1 Adult	€33	€57
Leisure	Cinema, International Release, 1 Seat	€13	€17
Childcare	Preschool (or Kindergarten), Full Day, Private, Monthly for 1 Child	€705	€2,148
Childcare	International Primary School, Yearly for 1 child	€14,857	€25,120

Numbeo 2024, IDF Mobilites 2025, Ameli 2024, NHS 6/2024

A Rich and High-Quality Care Offer

Paris Region is home to Europe's largest hospital network, AP-HP (Assistance Publique-Hôpitaux de Paris), which includes a comprehensive range of public hospitals, private clinics, and healthcare providers. France's healthcare system offers universal coverage to all residents, including foreigners, with funding sourced from taxes and salary contributions. The availability of bilingual doctors and easily accessible hospitals further improves healthcare accessibility.

Health-Care professionals in Paris Region						
	Practitioners*	General practitioners*	Specialists*	Dental Surgeons**	State-certified nurses	Pharmacists**
Total	72,788	22,554	50,234	9,953	86,284	13,402
% of France	21.5	17.9	23.6	22	15.3	18.3

Research, studies, evaluation and statistics Direction 2024; data 2024, 2023** and 2022 *

The World's Favorite Tourist Destination

- **47.6 million** tourists including **21.8 million** international visitors (46%)
- **175 million** overnight stays, including **92 million** for international tourists (53%)
- **€21.8 Bn** in economic benefits, including **€13.8 Bn** from international tourists (63%)
- **35,664** businesses and **291,877 jobs** in accommodation and catering (private sector)

Choose Paris Region, 2024, Urssaf 2024, data 2023

The largest offer in Europe of incomparable quality

- **2,455** hotels
- **162,990** rooms
- **77,506 rooms** in 2* and 3* hotels
- **67,569 rooms** in 4* and 5* hotels
- **67,3 million** overnight stays in hotels ⁽¹⁾
- **12** Palace hotels in Paris

Insee, 2024, Choose Paris Region, 2024, data 2023 (1)

An Unrivalled Cultural Offering

- **323** cinemas
- **322** theaters
- **1,034** public libraries
- **5** opera houses
- **58** foreign cultural institutes and centers (FICEP 2024)
- **42 million** visitors in the top 15 cultural sites in Paris Region in 2023
- **8 million** visitors attending the **20 largest** exhibitions in Paris Region in 2023
- **104** parks, gardens and protected sites

Repères de l'activité touristique, Choose Paris Region (Visit) 2023, data 2022
Ministry of Culture_ Open data 2023, data 2023

4,076
historic monuments

Ministry of Culture 2024, data 2024

5 UNESCO World Heritage Sites (2024)

- Palace and Park of Versailles
- Paris, Banks of the Seine
- Palace and Park of Fontainebleau
- The Medieval Town of Provins
- The Villa Savoye by the visionary architect Le Corbusier

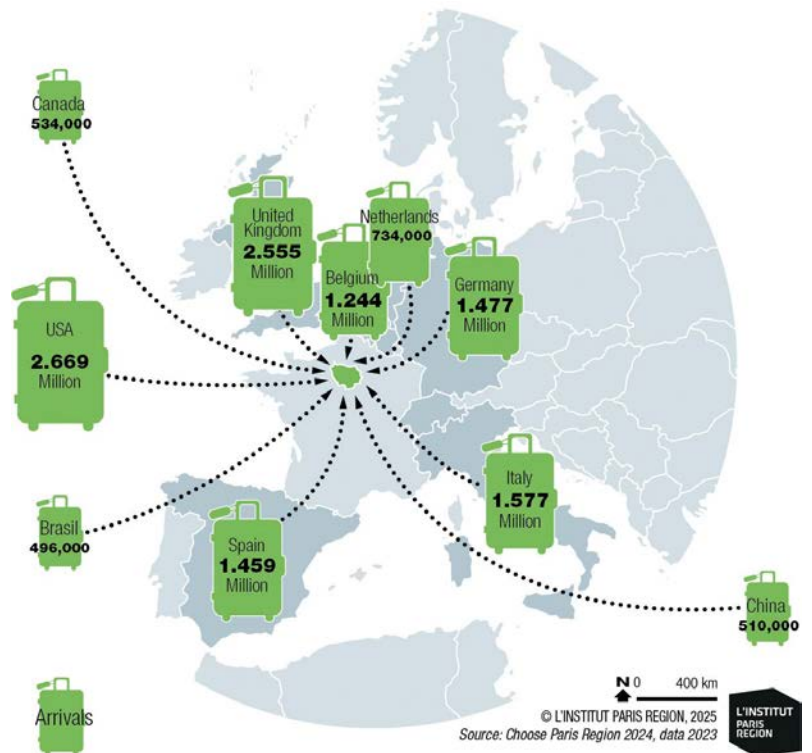
A land of inspiration for filmmakers the world over

Paris Region offers a wide diversity of landscapes and architectural styles. Each of its 8 departments has its own unique identity, offering film and audiovisual professionals an unrivalled variety of settings. This unique historical heritage is also an unrivalled source of inspiration for directors and scriptwriters.

- Paris Region is a popular setting for the shooting of French and international films, series, and commercials
- The Region concentrates more than **11,000** shooting days, i.e. **70%** of the film shootings in France
- More than **40** shootings per day in the Region

CNC, Film Paris Region, data 2024

Origins of Paris Region's Main International Tourists (2023)



International customers accounted for **21.8 million** of tourist stays in 2023. (**12.2%** from USA, **11.7%** from UK, **7.2%** from Italy, **6.8%** from Germany, **6.7%** from Spain...).

European tourists account for **57%** of international stays in Paris Region.
Choose Paris Region, 2024, data 2023

4 of the Top 20 of EMEA's Most Visited Museums

- #1 The Louvre, world's most visited museum
- #6 Musée d'Orsay
- #15 Centre Pompidou
- #16 Cité des Sciences et de l'industrie

* European Middle East Africa TEA / AECOM 2024

191
Museums

Ministry of Culture, Open data 2025, data 2024

Iconic Tourist Attractions

Most Visited Tourist Sites in Paris Region (number of visitors – 2023)	
Louvre Museum	8,900,000
Château de Versailles	8,400,000
Eiffel Tower	6,300,000
Orsay Museum	3,900,000
Pompidou Center	2,600,000
Cité des Sciences et de l'Industrie	2,300,000
Arc de triomphe	1,900,000
Fondation Louis Vuitton	1,600,000
Sainte-Chapelle	1,400,000
Musée du quai Branly - Jacques Chirac	1,400,000
Grande Halle de la Villette	1,300,000
Cité Médiévale de Provins	1,250,000
Musée de l'Orangerie	1,200,000
Musée de l'Armée	1,200,000
Petit Palais - Musée des Beaux Arts de Paris	1,200,000
Grande Galerie de l'Évolution	1,100,000
Musée Carnavalet	1,100,000

Choose Paris Region 2024, data 2023

The World Capital for Shopping

(2024)

Paris is the international capital of fashion and creation. With its luxury boutiques, department stores, designer trends, concept shops, and outlets, Paris Region is a top shopping destination for both French locals and international tourists.

- **218** shopping centers, **≥ 5,000 m²** including Westfield Les Quatre Temps, Westfield Forum des Halles, the Carrousel du Louvre, Beaugrenelle, Bercy Village, La Vallée Village...
- **17** major department stores: Galeries Lafayette, Printemps, Le Bon Marché, BHV Marais...
- **10** factory outlets

Institut Paris Region – Nielsen
TradeDimensions – Panoweb 2024

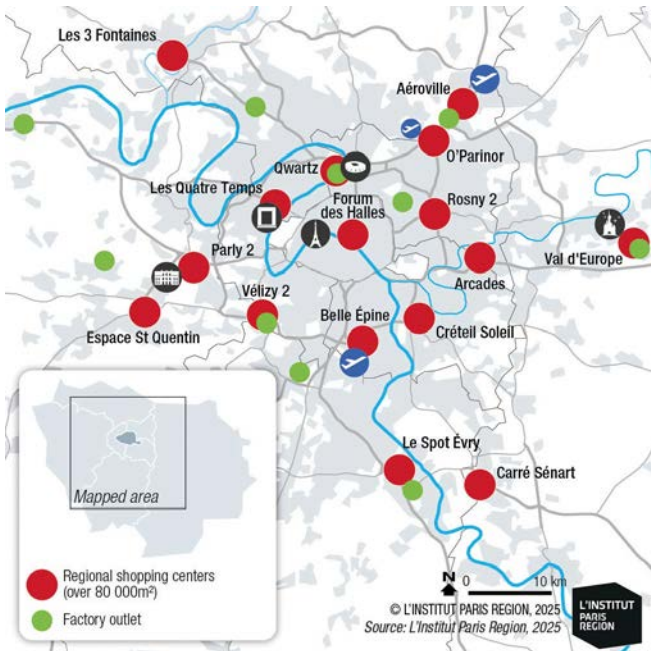
European High Streets Ranking June 2022/May 2023	
Average footfall in front of a shop	
Madrid - Gran Via	1,923,000
London - Oxford Street	1,014,000
Paris - Champs-Élysées	1,009,000
Milan - Vittorio Emanuele II	906,000
Antwerp - Meir	834,000
Amsterdam - Kalverstraat	726,000
Berlin - Kurfürstendamm	688,000

Cushman & Wakefield/Mytraffic - 2023

On average, **1 million** people pass in front of a typical Champs-Élysées store each month.

Cushman & Wakefield/Mytraffic - 2023 June 2022- May 2023

Paris Region Major Shopping Centers



Cozy street near Boulevard San-Germain with tables of cafe in Paris © Adobe Stock

A Distinctive Culinary Haven

(2023)

Paris Region is home to the Rungis National Interest Market (MIN), the world's largest fresh produce market for professionals. It provides a diverse range of food, horticultural, and decorative items, along with equipment for retailers and restaurant owners. As France's leading region for food consumption, the capital region has a population of **12.4 million** and attracts over **47.6 million** tourists annually.

Insee 10/2024 data 2021,
Choose Paris Region, 2024

Rungis International Market, the world's biggest fresh products market

- **€11.3 Bn** in turnover
- **18 million** consumers
- **1,230** companies
- **6,300,000** visitors
- **27,731** active buyers
- **3 million** tons of goods pass through every year, including **1.8 million** tons of food products

234 ha of floor space
The world's largest fresh produce market

Rungis, 2024 data 2022-2023

Numerous culinary products are crafted in various towns of Paris Region and bear their names, such as...:

- Asparagus from Argenteuil
- Baguette, Ham, Mushrooms, Strawberries ... from Paris
- Beans from Arpajon,
- Beer from Brie, Gâtinais, Vexin
- Brie cheese from Meaux, Melun, Montereau, Nangis, Provins
- Cabbages from Pontoise
- Cherries from Montmorency
- Honey and Saffron from Gâtinais,
- Potatoes Belle de Fontenay
- Roses from Provins
- Peaches from Montreuil
- Peppermint from Milly-la-Forêt
- Poppies from Nemours
- Watercress from Méréville...

Specialities Produced in Paris Region

Over **6,500** regional products are listed under the "Produit en Île-de-France" label (produced in Paris Region) and nearly **600** farmers and artisans are members of the "Produit en Île-de-France" brand.

Paris Region features fertile silty soils across valleys, plains, and plateaus, with cereals and oilseeds occupying nearly **80%** of its agricultural land.

Farmland covers almost **50%** of the Region.

Paris Region is:

- the leading French Region for the production of watercress and parsley,
- **3rd** for fibre flax,
- **4th** for sugar beet, hemp and starch potato hemp and potato starch

Nearly **15%** of farms are organic, with **667** producers, including **40%** in field crops and **33%** in vegetable production. **38,800 ha** of organic a in-conversion land in the Region, i.e. **7%** of the regional agricultural surface.

Chambre d'Agriculture d'Île-de-France, 2025

An Effervescent Gastronomy Scene

Paris Region is home to an effervescent gastronomy scene with **35,664** restaurants, exceptional chefs, hotspots, international specialties, Parisian cafes, organic cafes, street food trucks, markets... there is something to suit all !

35,664
Restaurants

URSAFF, 2024, data 2023

137
Michelin-starred
restaurants, incl.

10***
16**
111*

Guide Michelin, 2024

Sports and Leisure Activities

- **19,051** sports clubs
- **2,4 million** sports club members
- **5,267** tennis courts
- **760** swimming pools
- **1,464** riding arenas
- **303** golf courses
- Soccer: **278,731** licenses
- Tennis: **247,051** licenses
- Judo: **101,702** licenses
- Golf: **69,125** licenses
- Riding: **89,862** licenses

Injep-MEDES / Recensement des licences sportives et des équipements sportifs data 2023, Ministère des sports, data 2025

A wide variety of nature sports facilities in Paris Region

- **12** leisure resorts
- **7,600 km** of hiking trails
- **2,120 km** of mixed roads or greenways for bicycling
- **13** swimmable lakes
- **1,140 km** of authorized shipping lanes
- **99,960 ha** of woods and forests open to the public
- **1,024** sites for the practice of nature sports: horseback riding, golf, climbing, tree climbing, etc.

IRDS 12/23, data 2021, BEV 2020

Main facilities of international and national level

- Stade de France: **80,000** seats
- Parc des Princes: **48,000** seats
- Paris La Défense Arena: **40,000** seats
- National Golf: **30,000** seats
- Accor Arena: **21,000** seats
- Stade Jean Bouin: **20,000** seats
- Stade Charlety: **20,000** seats
- Stade Roland Garros: **30,000** seats on the 3 main tennis courts
- Stade Nautique Olympique d'Île-de-France: **10,000** seats

Data 2024

Paris 2024 Olympic and Paralympic Games

The Paris 2024 Olympic and Paralympic Games brought together the highest level of global competition in **45** Olympic and **22** Paralympic sports during the summer of 2024; the equivalent of **67** world championships over four weeks.

The Games were a success in terms of organization:

- Hosting nearly **15,000** elite athletes,
- **25,000** media personnel,
- Selling over **12 million** tickets, attracting spectators from all over the world.
- + over **4 billion** viewers
- **45,000** volunteers were involved.

French athletes won **64** Olympic medals and **75** Paralympic medals. **41** medals were won by **70** athletes from Paris region.

- **22** Olympic medals by **46** athletes from Paris region (individual or team),
- **19** Paralympic medals by **24** athletes from Paris Region (individual or team).

Paris Region was the main hub for sporting events during the Paris2024 Olympic and Paralympic Games. The French capital featured **15** Olympic competition venues and **11** Paralympic venues.

During the period of the Games, Paris Region cemented its leadership as the world's top tourist destination, with strong peaks in activity: **over 4 million** tourists and **2.3 billion** in revenue.

Institut Paris Region, Choose Paris Region, Region Ile-de-France, 2024

Iconic landmarks became sublime settings

Iconic locations like the Eiffel Tower hosted beach volleyball, while the Grand Palais showcased fencing and taekwondo beneath its glass roof. Archery took place on the Esplanade des Invalides, new disciplines such as skateboarding, breakdancing and BMX in front of the Concorde obelisk and more traditional events were held at the renowned Roland Garros and Parc des Princes stadiums.

Some Popular Sporting Events

Every year, Paris Region hosts some **35** events in some **20** sports.

- Paris Open, Roland-Garros (Tennis): **633,000** spectators
- Schneider Electric Paris Marathon: **54,000** participants
- Qatar Prix de l'Arc de triomphe (Horse race): **31,000** spectators
- Rolex Paris Masters (Tennis): **176,500** spectators
- Paris Grand Slam (Judo): **24,000** spectators

Roland Garros, Qatar Prix de l'Arc de Triomphe, Rolex Paris Masters, 2024

Top Events to Come in 2025

- Paris Open, Roland-Garros, 19/05-08/06/2025
- Paris Marathon, 13/04/2025
- Badminton World Championships, 25-31/08/2025
- Prix de l'Arc de Triomphe (horse racing) at Paris Longchamp, 05/10/2025
- Rolex Paris Bercy Masters, Tennis, 25/10-02/11/2025



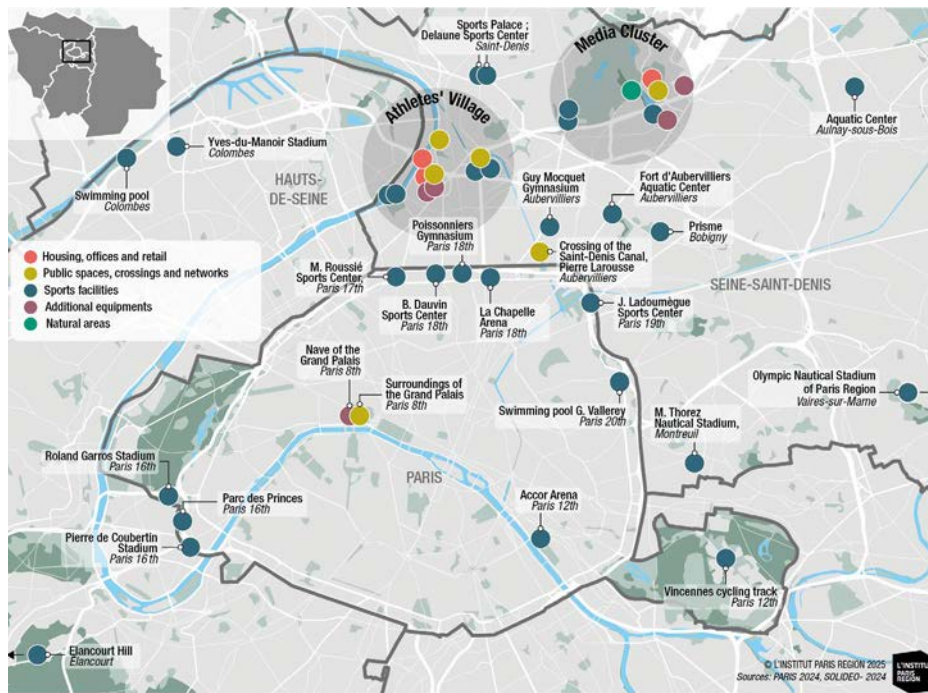
Stade de France, Paralympics Paris2024 © Christine Tarquis



Paris2024 La Vasque © Florence Humbert

Beyond Paris, four other counties – Yvelines, Hauts-de-Seine, Seine-Saint-Denis, and Seine-et-Marne – also played host to events. These included equestrian events in the Château de Versailles gardens, field hockey at the Yves-du-Manoir stadium, canoeing and rowing at Vaires-sur-Marne, rock climbing at Le Bourget, and athletics at the Stade de France in Saint-Denis. The Olympic Aquatic Center in Seine-Saint-Denis was the venue for diving, water polo, and artistic swimming.

2024 Olympic Sites in Paris Region and Legacy / Structures and layouts for the Paris2024 Olympics and Paralympics Sites in Paris Region



Map reading: this map shows the structures and developments under SOLIDEO's control, known as "main objects" (not definitive - early 2024). Structures and facilities that will be relocated after the Games are not shown on the map: the four pools linked to the aquatic legacy in Seine-Saint-Denis, the climbing walls and the skateboard and 3x3 basketball facilities at Place de la Concorde.

Paris 2024 Olympic and Paralympic Games: An exceptional legacy for Paris Region

Paris 2024 Olympic Games in Figures

- 10,500 athletes
- 41 competition venues
- 329 events
- 206 nations
- 28 sports (+ 4 additional sports)
- 9.7 million spectators
- 31,500 volunteers
- 4 billion viewers
- 350,000 hours of TV broadcast

Paris 2024 Paralympic Games in Figures

- 4,400 Paralympic athletes
- 20 competition venues
- 549 events
- 184 nations
- 23 sports
- 3.4 million spectators

360 experience of Paris Region

Paris Region has been seen by more than **3 billion** people and given **4 million** visitors the chance to personally embrace the wealth of French culture, food & drink and lifestyle and thus immerse themselves in a 360 experience of Paris Region.

Outside central Paris, **18 sports** were represented at **a dozen** competition venues in Seine-Saint-Denis, Hauts-de-Seine, Yvelines and Seine-et-Marne, making it easy to explore an area of over **12,000 square kilometers** by public transportation.

29 days of competition, **28** sports represented and **over 200** nations participating. The Paris 2024 Olympic and Paralympic Games were the biggest event ever organized in France.

The spectacle that unfolded during these weeks will go down in history, and Paris was the center of the world, of sport and of so much more. The Games were a popular and multicultural festival, a celebration to be shared with the rest of the world.

Venues

- 95% existing or temporary venues
- Of the 25 venues that hosted the events, **only 4** major new facilities were built: the Olympic Village, the Media Village, the Olympic Aquatics Center in Saint-Denis and the Porte de la Chapelle Arena.
- 90,000 hotel rooms within **10 km** of the city center

A Mobility Revolution

- **First in history: 100%** of venues accessible by low-carbon public transportation
- **400 meters** maximum distance to a metro station from any location in Paris
- **240** stations were made accessible, representing **95%** of train and RER traffic
- **10** free shuttle bus routes to competition venues far from stations
- **150** shuttles for wheelchair users
- **1,000** buses to transport athletes and accredited officials
- Modernization and construction of new infrastructure: Line 14 to Orly + modernized RER E, linking Saint-Lazare to La Défense in **11 min.**

Île-de-France Mobilités, 2024

Structures and facilities (non-definitive count - early 2024)

- 2 mixed-use districts (housing, offices and shops)
- 20 public spaces, crossings and networks
- 34 sports facilities
- 10 other facilities
- 1 natural space

L'Institut Paris Region, Paris2024, Solideo, 2024

Impact

- **55%** smaller carbon footprint than London 2012

Paris2024 media



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